

Good Nutrition is Vital to Good Health

- Good nutrition can improve our mood, sense of well-being, overall health and longevity.
- Poor nutrition affects overall health and complicates other medical conditions.
- Persons who receive home delivered meals are better nourished than their counterparts not receiving meals.
- If hospitalized, malnourished patients stay nearly 6 days

Our Objective....

To serve seniors good food that is wholesome and nutritious and provide opportunities for seniors to socialize.

SAMPLE MENUS

Kielbasa
German Potato Salad
Sauerkraut
Chocolate Cake

Salisbury Steak
Mashed Potatoes and Gravy
Corn
Applesauce

Roast Pork
Baked Potato
Stewed Tomatoes
Fruited Jell-O

Baked Ham
Scalloped Potatoes
California Blend
Pumpkin Bar

Baked Chicken
Au Gratin Potatoes
Broccoli
Apple Crisp

PRICE COUNTY SENIOR SERVICES

A Division of the Price County
Department of Health & Human Services
104 S. Eyder Avenue
P.O. Box 88

Phone: 715-339-2158

Fax: 715-339-4018

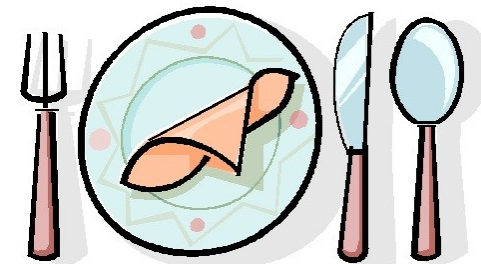
Email: janine.dobson@co.price.wi.us

Price County is an equal opportunity employer and provider
(updated 12/01/20)

Price County

Senior Nutrition Services

*Congregate and Home Delivered
Meals*



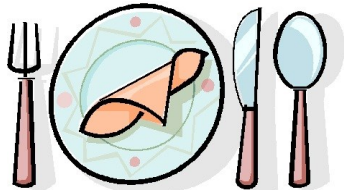
Food, Friendship, Fellowship & Fun !

**For Information
about our nutrition
services please call
715-339-2158**

Price County Senior Dining

Senior Dining Sites are located in five communities throughout Price County. Senior dining provides nutritious, well-balanced meals; promotes better health; and reduces isolation through opportunities for socialization.

Each site offers meals four days per week at varying times. Please contact the specific site for serving days and times.



While each site is unique, all of the senior dining sites occasionally offer a variety of activities to foster friendship, fellowship and just plain fun.

Home delivered meal participants are not able to participate in activities at the site, but they do benefit from a face to face visit from a volunteer each time a meal is delivered to their home.

Senior Dining Locations

Brantwood Community Center-Town of Knox
W1593 US Highway 8
M-Th 11:30am
715-564-2569
Sally Ellis

Kennan Village Municipal Building
N4315 Mequon Street
M-Th 11:30am
715-474-3325
Kristen Hartmann

Ogema Public Library
W5005 State Road 86
M-Th 11:30am
715-767-5130
Phil Youngs

Park Falls—Flambeau Hospital Cafeteria
98 Sherry Avenue
M-Th 1pm
715-762-7457
Linda Daubner

Fred Smith Concrete Park - Studio
N8236 State Hwy 13, Phillips
T-Fri 11:30am
715-339-5301
Marlys Dobson

Home delivered meals are available in the Catawba, Prentice and Fifield communities as well.

Who can join at the site?

- Individuals age 60 or older and their spouse, regardless of the spouse's age.
- Disabled individuals of any age who reside at home with and accompany an older individual to the site.

Who can get home delivered meals?

- Individuals age 60 or older who are frail and essentially homebound, certified by a doctor, nurse or social worker. The caregiver of a homebound person may also qualify.

How do I get started?

To join a site simply call the site manager phone number listed at the left at least 24 hours in advance. The site manager will help you register. For home delivered meals, contact Price County Senior Services at the number listed on the back of this brochure. Staff will contact your doctor/nurse/social worker to verify your eligibility and home-bound status.

Am I charged for meals?

Effective 1/1/21, a \$4.25 contribution is suggested for each meal served at a site and a \$4.75 contribution is suggested for each home delivered meal. However you are encouraged to contribute more if you can. No eligible person will be denied a meal if unable to donate. Call Price County Senior Services if you are concerned about your ability to contribute.