

# CARE PACKAGES FOR SOLDIERS DEPLOYED OVERSEAS

**ITEMS CAN BE DELIVERED TO THE PRICE COUNTY VETERANS SERVICE OFFICE IN THE COURTHOUSE IN PILLIPS - PLEASE DROP OFF ITEMS BY OCTOBER 22ND.**

## Care Package Items

Western Area of Afghanistan – Limited PX and internet. Internet cost is high in this area. Power adapters will be needed in this area but can be purchased there.

Other Areas of Afghanistan – PX is well established as is internet.

Please keep in mind that Netflix was not accessible as of two years ago because of content that could be viewed. Hulu and iTunes work very well. Suggestion made by co-worker is to take three weeks of “supplies” for once the units leave Kuwait. Depending on where the units will be going, will depend on how fast necessities will be available and in what quantity.

Suggested List For Care Packages:

Peanut Butter	Jelly	Favorite Brand of Hot Sauce/Tabasco
Jerky	Nuts	Sunflower Seeds
Dried Fruit	Protein Powders	Water Additives (Liquid/Powder)
Cookie Snack Packs	Cracker Snack Packs	Fruit Snacks
Candy	Breath Mints	Soup In A Cup
Spam	Pudding Cups	Jello Cups
Single serving cup of cereal	Sour Patch Stuff	Twizlers
Strive Force Energy Packets	Bang Energy Drinks	Coffee (Beans and Grounds)
Trail mix	Any sweets that do not melt	
Anything you can make in a coffee cup if there is a microwave		

Throat Lozenges	Tylenol	Nyquil/Dayquil
New Skin	Eye Drops	

Envelopes	Extra Boot Laces	Toilet Paper
Ziploc Bags	Electric Kettle	Batteries AA/AAA
iTune Gift Cards	Amazon Gift Cards	

Preferred Brand of Feminine Hygiene Products

Chocolate, Cheese, Sausage can be shipped in cooler months. (I usually freeze them before shipping and put into Ziploc bags)

Should also make sure that the soldiers are briefed on “Eagle Cash” and to make sure banks and credit card companies know where the soldier is going to be and for how long.

Soldiers should give families a specific list of items they prefer.

Cash donations also gratefully accepted:

Checks should be made out to the St Croix County Council Emergency Relief Fund, with “care packages” in the memo line. These checks can be sent to:

St. Croix County Veteran Services  
1752 Dorset Lane  
New Richmond, WI 54017